

# SPARTA Newsletter



March/April 2023

SPARTA Fitness Class  
Free Every Friday 12.30  
Live Online or in GMH

## MARCHING FORWARD IN APRIL

Welcome to the Newsletter for March and April 2023.

You will notice that this newsletter covers 2 months as we have decided that going forward the newsletter will now be published bi-monthly. This will allow us to ensure that each edition is bigger & filled with new & exciting content going forward.

Don't forget to put **Sports and Wellbeing Day** in your calendar – **21<sup>st</sup> JULY 2023** – Once again we are back at the Kings House School Sports Ground in Chiswick. Check out the results and pictures from last year's event here: [SPARTA Sports Day](#) It's the event of the year.



In this edition we give you details of the upcoming CS 10km championships which includes a 5km Fun Run.

We had a good entry from SPARTA last year it would be good to get a similar turn out this year.

We are also again running two "Meet the Clubs" events in Great Minster House and in 2 Marsham Street in April details are included in this newsletter. I hope that you will attend.

If you want to get fitter, then the SPARTA Fitness Class is looking to help you this year with their regular 12.30 Friday Lunchtime classes in Room LG1 in Great Minster House.



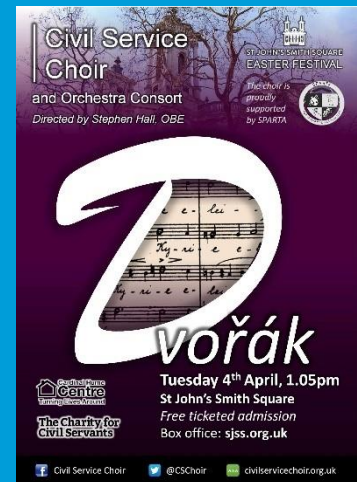
How about testing of your SPARTA knowledge with our "Blast from the Past" section.

We are planning to make this a regular article over the next few issues as we investigate SPARTA's archive of photos. Are you up for some SPARTA archeology?

Stay fit and well with SPARTA.  
Jason Marchant  
SPARTA General Secretary



## CIVIL SERVICE CHOIR



The Civil Service Choir have a concert on 4<sup>th</sup> April 2023.

Get yourself along to another of the fantastic performances of the CS Choir.

The choirs' performances are not to be missed especially as it is a free concert.

Keep yourself up to date with all their performances in 2023 by checking their website on a regular basis.

[www.civilservicechoir.org.uk](http://www.civilservicechoir.org.uk)

Check out the SPARTA website for upcoming events



# MEET THE CLUBS & CS 10KM AND 5KM 2023

*SPARTA is holding another Meet the Clubs event and entering its members in the Civil Service 10km champs and 5km Fun Run.*

## Meet the Clubs April 2023

We are really pleased to announce that we are holding two more "Meet the Clubs" events in April.

As per the last events they will take place in the canteens of Great Minster House and 2 Marsham Street.

The first is on **25<sup>th</sup> April 2023** in the Fry Café in 2 Marsham Street, and the second is on **26<sup>th</sup> April 2023** in the 5<sup>th</sup> Floor Canteen in Great Minster House.



Both events will span the lunchtime period and are open to everyone. I hope that many of you will come along to meet the clubs.

Please encourage your friends and colleagues to come along to say hello and learn about the opportunities open to them through joining SPARTA.



## Civil Service 10km and 5km Fun Run

The Civil Service 10km Championships takes place on **10<sup>th</sup> May 2023** at Battersea Park. The event also includes a 5km Fun Run for those who just want to enjoy the day.



Last year we had a good entry in both events. Above are a number of the 5km runners along with the winner of the 10km race, Jack Millar. Entries for this year's event are now open.



The event is great fun for everyone so if you are interested in taking part in this year's event then please do get in touch with us and we can arrange for you to be part of the SPARTA team.

Email us at [SPARTA@dft.gov.uk](mailto:SPARTA@dft.gov.uk)

## UPCOMING SPARTA CLUB FIXTURES/EVENTS

### April

**4<sup>th</sup>** – Civil Service Choir Performance – Dvorak - St Johns Smith Square

**5<sup>th</sup>** – SPARTA Board Games Club – 5.00pm – LG5

**18<sup>th</sup>** – SPARTA History Society Talk – Archeology in London with Alison Telfer from the Museum of London Archaeology – 1:00pm

**19<sup>th</sup>** – SPARTA Board Games Club – 5.00pm – LG5

**25<sup>th</sup> & 26<sup>th</sup>** – Meet the Clubs – 2 Marsham Street & Great Minster House

### May

**3<sup>rd</sup>** – SPARTA Board Games Club – 5.00pm – LG5

**10<sup>th</sup>** – CS 10km Champs and 5km Fun Run – Battersea Park

**18<sup>th</sup>** - SPARTA History Society Talk – The House of Dudley – Dr Joanne Paul – 1:00pm online

Keep up to date with the SPARTA website.

<https://www.spartarecreation.co.uk/>





# BLAST FROM THE PAST

*The SPARTA archives are open but who is in them?*

SPARTA is in the process of archiving lots of old records. In the process we have found some old SPARTA photos. We have a good idea of who is in some of the photos, but others are a complete mystery.

Do you recognise anyone in these photos?



Where was this coach trip heading and who are these people in this old SPARTA photo. Is this a team heading to take part in the Swansea Cup?

In the past SPARTA used to be heavily involved in the Swansea Cup and, who is this with the Swansea Cup outside the old 2 Marsham Street building?

The Swansea Cup was a trophy that involved teams from London and Swansea competing against each other in a



number of sports with points being awarded to the winner of each sport and the points accumulated over the year.

At the end of the year whichever team accumulated the most points was the winning team.

## WANT TO START A CLUB OR MAYBE HELP AT A CLUB?

SPARTA are always looking to build on our portfolio of clubs. If you want to start a club or are already running one and want SPARTA's help, then please get in contact.

Want to help at a current club? Then please get in contact with us:

[SPARTA@dft.gov.uk](mailto:SPARTA@dft.gov.uk)

Details of current club contacts can be found on the SPARTA website

[www.spartarecreation.co.uk/](http://www.spartarecreation.co.uk/)





# THE SPARTA CLUBS

*SPARTA supports a number of clubs and associations across the UK and is always looking to start new clubs. Here is just a taster of the current clubs*

**SPARTA TABLE  
TENNIS CLUB**



[www.spartarecreation.co.uk](http://www.spartarecreation.co.uk)

**SPARTA  
GOLF SOCIETY**



[www.spartagolf.co.uk/](http://www.spartagolf.co.uk/)

**YOGA CLASSES**



[www.spartarecreation.co.uk/yoga](http://www.spartarecreation.co.uk/yoga)

**SUPERSTARS  
CRICKET CLUB**



[www.superstarscricket.org.uk](http://www.superstarscricket.org.uk)

**SOFTBALL CLUB**



[www.spartarecreation.co.uk/softball](http://www.spartarecreation.co.uk/softball)

**BOARD GAMES CLUB**

[www.spartarecreation.co.uk/board-games](http://www.spartarecreation.co.uk/board-games)



**CIVIL  
SERVICE CHOIR**



[www.civilservicechoir.org.uk](http://www.civilservicechoir.org.uk)

**HISTORY SOCIETY**



[www.spartarecreation.co.uk/history-society](http://www.spartarecreation.co.uk/history-society)

**FITNESS CLASSES**



[www.spartarecreation.co.uk/fitness-class](http://www.spartarecreation.co.uk/fitness-class)

**TENNIS CLUB**



[www.spartarecreation.co.uk/tennis](http://www.spartarecreation.co.uk/tennis)

**TENPIN BOWLING**



[www.spartarecreation.co.uk/tenpin-bowling](http://www.spartarecreation.co.uk/tenpin-bowling)

**EXCITING NEW CLUBS  
COMING SOON**

Check out all the SPARTA clubs on our website

**SPARTA**  
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[www.spartarecreation.co.uk](http://www.spartarecreation.co.uk)

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